



MENTAL HEALTH AND CHEMICAL DEPENDENCY

Healthy Options, SCHIP, Basic Health Plus, and Basic Health Maternity Benefits Program Members:

Outpatient Mental Health services are limited under your plan. You may be referred to a CUP Provider or to the Regional Support Network (RSN). Contact your PCP or call CUP's Mental Health Services at (360) 449-8944 for help deciding where to get your treatment.

When approved, the CUP benefit will cover:

- For adults age 19 and older, up to 12 hours of treatment per calendar year.
- For children age 18 and younger, up to 20 hours of treatment per calendar year.
- Psychological testing and evaluation once every 12 months for adults and as needed for children under age 21 within the 20-hour benefit limit.
- Unlimited medication management when provided by the PCP or the mental health provider.
- For children under the age of 5, all prescriptions for psychotropic drugs must be reviewed and have a Second Opinion by a Child Psychiatrist.

Benefit questions? Call CUP's Member Services Department at (360) 891-1520, toll free (800) 315-7862, TDD (360) 449-8860, or toll free TDD at (866) 287-9962.

Basic Health Subsidized and Members:

Please contact your PCP or call CUP's Mental Health Services at (360) 449-8944 for a referral to a mental health provider.

If you have any questions, please call the CUP Member Service Department at (360) 891-1520, toll free (800) 315-7862, TDD (360) 449-8860, or toll free TDD (866) 287-9962.