

Healthy Options Benefits and Services for 2010.

This 2009 booklet will give you information you need to know about physician visits, benefits, and other services for 2010.

If you have questions about your 2010 Healthy Options benefits, CUP's Member Services Department is open from 8am to 5pm to answer your questions. Please call us at 360-891-1520 or toll free at 800-315-7862.



What Services Are Not Covered?

The following services are NOT COVERED by either CUP or DSHS. Benefits and services listed below are examples of some services NOT covered by CUP or by DSHS. If you get any of these services you may have to pay for them yourself. Call CUP's customer service line at 360-891-1520 or the DSHS Customer Service Helpline at 1-800-562-3022.

- Acupuncture
- Chiropractic care for adults
- Circumcision, except when medically necessary
- Cosmetic surgery (such as tattoo removal, face lifts, ear or body piercing, or sex change operations)
- Court-ordered services
- Diagnosis and treatment of physical problems related to getting pregnant or having sex
- Immunizations (shots) for travel out of the country
- Massage Therapy
- Medical exams for Social Security Disability benefits
- Medical services while in jail
- Marriage counseling and sex therapy
- Naturopathy (services from a naturopath provider)
- Orthoptic (eye training) care for eye conditions
- Personal comfort items
- Physical exams needed for employment, insurance, or licensing
- Reversal of voluntary surgical sterilizations (surgery for birth control)
- Services not allowed by federal or state law
- TMJ for adults (jaw muscle/joint problems)
- Any other service, product, or supply not covered by DSHS under its fee-for-service program