

Healthy Options Benefits and Services for 2010.

This 2009 booklet will give you information you need to know about physician visits, benefits, and other services for 2010.

If you have questions about your 2010 Healthy Options benefits, CUP's Member Services Department is open from 8am to 5pm to answer your questions. Please call us at 360-891-1520 or toll free at 800-315-7862.



What services does DSHS cover?

The following benefits and services are covered by DSHS. CUP will not pay for these services; however, CUP or your PCP can help you with information on how to access and use these services. You must use your DSHS Medical ID card to get these services and find a provider who will bill DSHS for payment.

- Dental care with limited orthodontics (braces)
- Eyeglasses and fitting services
- First Steps Services
- Prenatal genetic counseling
- Hearing aids
- Interpreter services for medical visits
- Crisis mental health services
- Inpatient mental health services
- Outpatient mental health services that are needed in addition to the basic mental health services provided by your health plan. These additional services are approved by the Regional Support Network (RSN) and provided by your local Community Mental Health Agency
- Neurodevelopmental services at DSHS approved centers
- Protease Inhibitors (a special medication used in treating AIDS)
- School Medical Services for special needs students
- Services covered by the Aging and Disabilities Services Administration (nursing homes, community-based services)
- Services covered by the Division of Developmental Disabilities
- Sterilizations (surgery for birth control) when younger than age 21
- Substance abuse treatment including getting alcohol and drugs out of your body
- Surgery for weight loss (only with approval from DSHS first)
- Transportation (a ride other than an ambulance) to medical appointments through the Medicaid Transportation Brokerage (1-800-752-9422))
- Voluntary pregnancy terminations (abortions)

IMPORTANT! You have the right to get the following services from your PCP or you may choose to get these services at your local Health Department, Community Mental Health Center, or Family Planning Clinic.

- Immunizations (Shots)
 - TB Screening & Follow-up care
 - Family Planning Services and birth control by calling the Family Planning Hotline: (800) 770-4334
 - HIV & AIDS Testing
 - Sexually Transmitted Disease treatment and follow-up care
 - Women, Infants, and Children (WIC) program
- Note: the WIC program is only available from the local health department